

#### WHY DO WE CELEBRATE THE NEW YEAR?

- The New Year is symbolic of celebrations, resolutions and motivations.
- It is widely believed that the emotions we experience on the New Year will have a great impact on the days that are to follow. Therefore, the year's first day is always celebrated with much enthusiasm by everyone.
- On New Year's Day, we make resolutions for ourselves that enable us to become more serious about our life goals. On this day, we plan to take actions that can improve our life. However, most of us abandon our efforts to achieve our goals within the first month. So, would it not be better to make promises to ourselves when we are ready to fulfil them, no matter what day it is?



### HOW DID THE NEW YEARS CONCEPT ORIGINATE?

- The New Year's concept stems from an ancient Roman custom, the feast of the Roman god Janus.
- Janus was the god of time, gates, frames, duality, endings, transitions, doorways, passages and beginnings. He was depicted as having two opposite faces- one face looked back into the past, and the other peered forward into the future.
- January was named after Janus and first January was chosen as the New year because on this day, like Janus, we can look back at the past year and look forward to the new year. Also, to celebrate the new year, the Romans made promises to lord Janus and this ancient custom has led to the tradition of making New Year's resolutions.
- Today, although many do celebrate New Year's Day on first January, some cultures and religions celebrate on different days.

## WHEN IS THE NEW YEAR CELEBRATED?

In India,
each religious
group has its own
date to bring in the
new year.

In Thailand,
the Buddhists
celebrate the
Songkran which
takes place in April.

Universally, the new year begins on First January. In China,
people celebrate
the Lunar new year
which does not
have a specific date.

In Israel,
the Jewish
celebrate the new
year during Rosh
Hashanah.

# THE NEW YEAR AROUND THE GLOBE











# NEW YEAR EVE TRADITIONS

**ARGENTINA** 

THROWING PAPER

DENMARK

**SMASHING PLATES** 

**SPAIN** 

**GOBBLING GRAPES** 

**ROMANIA** 

TALKING TO ANIMALS

### **ASSIGNMENT**

- What were you grateful for in 2021?
- Your submission can be in the form of any song, poem, drawing, paragraph etc. that you have created and wish to share with the rest of us.
- Submit your work by Tuesday evening.

