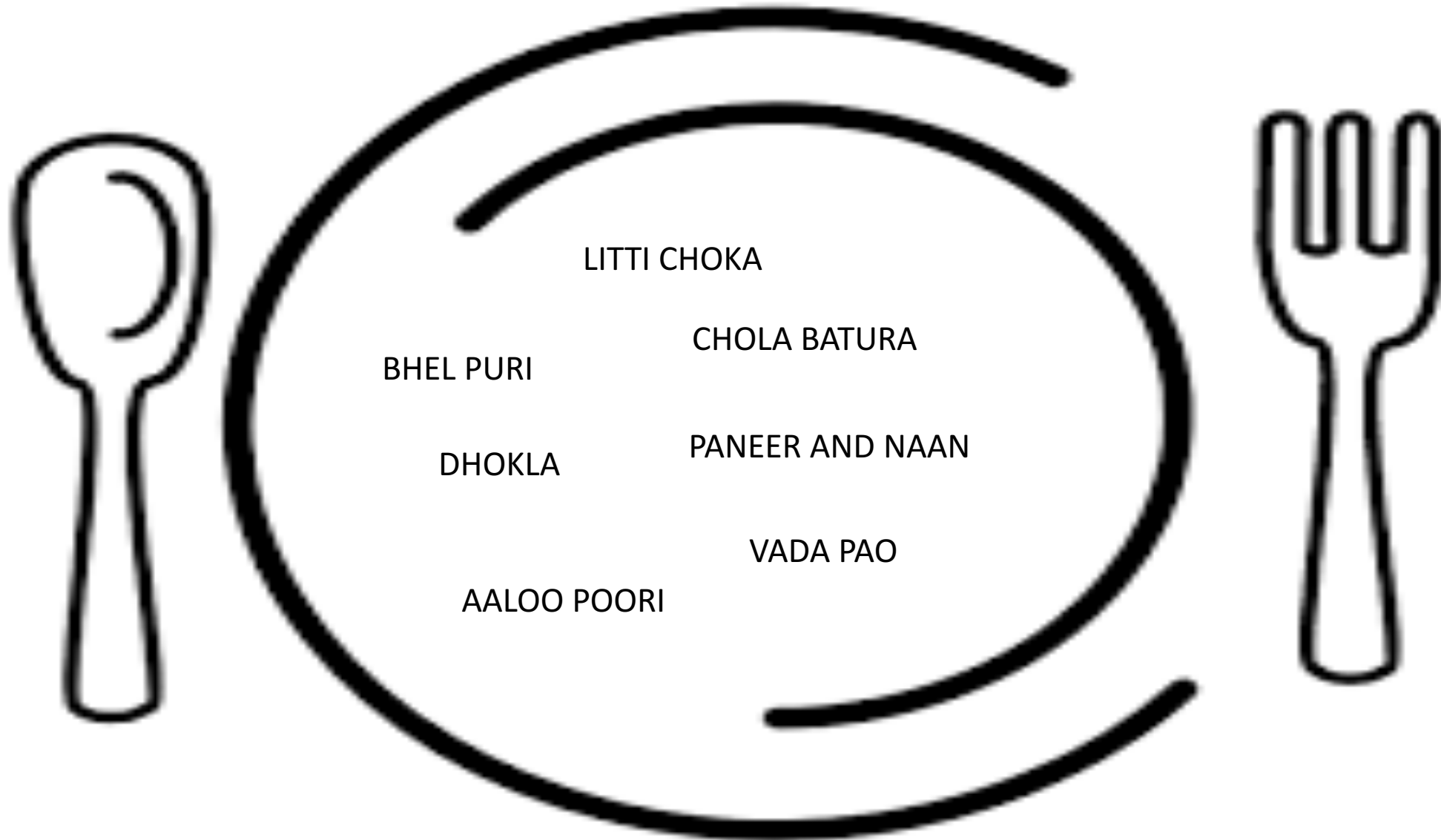




INDIA AND ITS CUISINES

WHAT IS YOUR FAVOURITE INDIAN DISH?



DID YOU KNOW?

- India is known as the spice capital of the world. It is popular for its various spices like clove, cumin, cardamom, turmeric, cinnamon fenugreek, mint leaves, bay leaves, black pepper etc.



DID YOU KNOW?

- India is home to bhoot jolokia, one of the hottest chillies in the world. Also called 'ghost chilli', it is grown in North East states and is more than 400 times hotter than Tabasco sauce.



DID YOU KNOW?

- Lakshmi, the goddess of wealth, has a sister, Alakshmi, the goddess of feuds. There's a common custom of hanging a lemon and seven chilies above the house's threshold as an offering to Alakshmi so that she can partake of it and remain outside the house. Meanwhile, sweet bhog is offered to invite Lakshmi inside the house.



DID YOU KNOW?

- Bhudevi, the earth goddess, is considered to be a cow whose milk sustains everyone. In the form of Gauri, she gives milk, and in the form of Kali, she drinks blood. That is why she is given blood sacrifices in the form of goats, birds, buffaloes etc.





ENVIRONMENT AND CUISINES

GOAN CUISINE

- Why is goan cuisine so sea food centric?
- Why do goan dishes have such unique names?
- Do you know any famous goan dishes?



RAJASTHANI CUISINE

- Why is rajasthani food so spicy?
- Why do rajasthani dishes have so many different animal meats?
- Do you know any famous rajasthani dishes?



KASHMIRI CUISINE

- Why is kashmiri cuisine more meat based?
- What is the kashmiri cuisine feast called?
- Do you know any kashmiri dishes?



ASSIGNMENT

- Write about a happy memory associated with food that you have eaten. It can be any poem, drawing, paragraph etc. that you have created and wish to share with the rest of us.
- For example: When I was young, I used to go for bike rides with my father to the Chandni chowk area. Over there, I ate the most delicious aloo paranthas. Now, whenever I eat aloo paranthas, I think about those happy memories I have with my father.
- Submit your work by Monday evening.

